



Lycée Français
International de Delhi

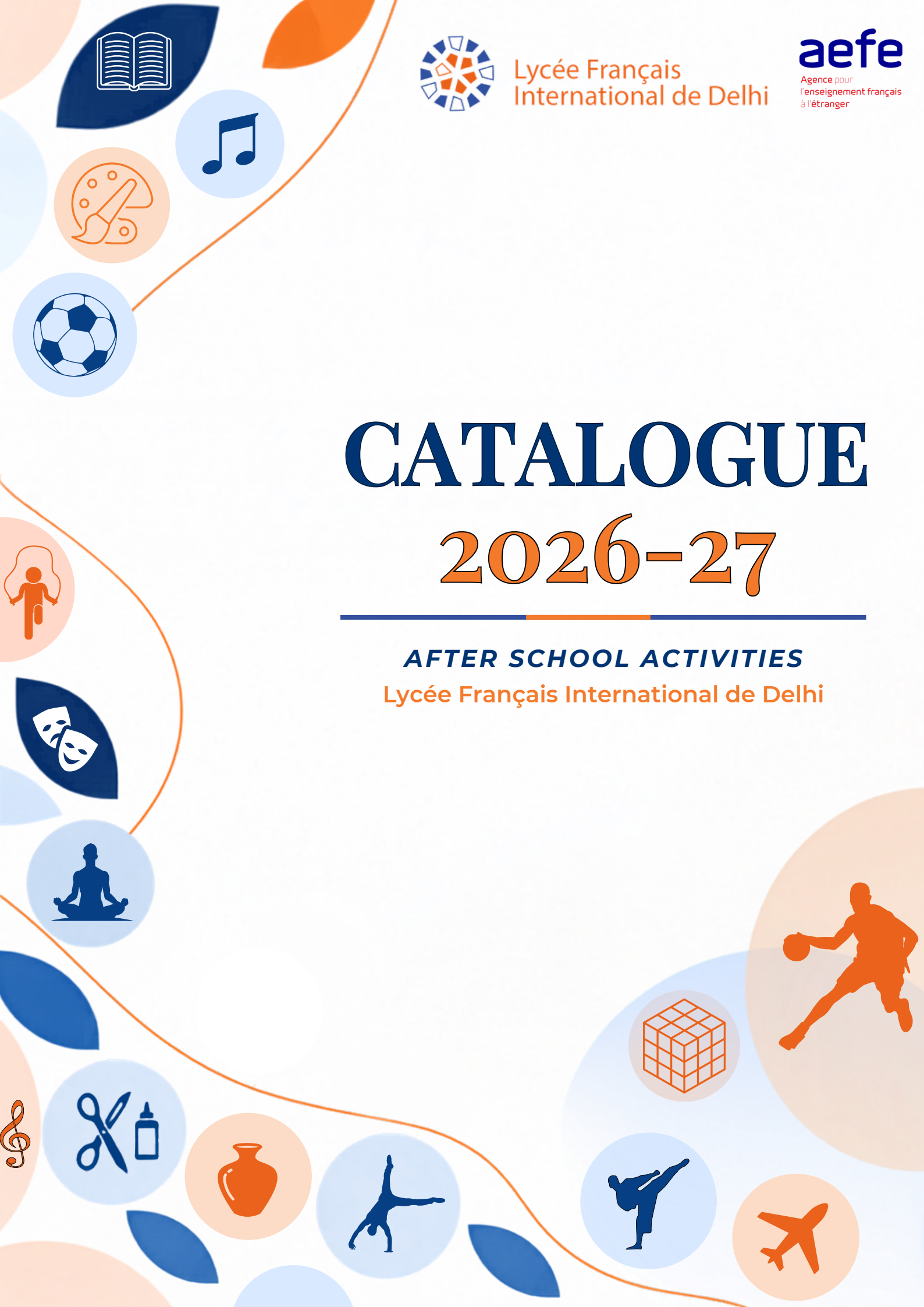
aefe
Agence pour
l'enseignement français
à l'étranger

CATALOGUE

2026-27

AFTER SCHOOL ACTIVITIES

Lycée Français International de Delhi



CHOIR (NEW)

Instructor: Ms. Prerna Sarin

Language of instruction: French & English

Discover the joy of singing together while developing vocal technique, rhythm, and musical expression. Build confidence, learn to harmonise, and experience performing as part of a choir.



PLAY AND BALANCE

Instructor: Mr. Utsarga Mondal

Language of instruction: French

Play and Balance is a fun mix of movement, mindfulness, games, and circus skills. Children build balance, focus, coordination, and confidence while moving, playing, and trying exciting new challenges.



BOLLYWOOD DANCE

Instructor : Ms. Manjushri et Mr. Anwar Khan

Language of instruction: French & English

Step into the energy of Bollywood dance and learn lively choreography inspired by Indian classical and folk styles, with touches of jazz, hip-hop, Arabic, and Latin dance.



PUPPETRY (NEW)

Instructor : Ms. Bhawna

Language of instruction: English

Bring stories to life through puppetry by creating characters, exploring movement, and developing imagination. Children build creativity, expression, and confidence while learning to perform with their own puppets.



TAEKWONDO

Instructor: Mr. Kumar

Language of instruction: English

Learn Taekwondo through training that builds fitness, coordination, self-defence, and discipline. Children gain confidence, stay active, and enjoy challenging themselves in a motivating environment.



AEROMODELLING

Instructor: Mr. Chaitanya

Language of instruction: English

Discover the world of flight by building and piloting miniature aircraft. Children explore basic engineering, aerodynamics, model building, and drone simulation through hands-on projects.



YOGA (NEW)

Instructor: Ms. Christina / Ms. Bhawna

Language of instruction: French / English

Yoga encourages children to explore movement, balance, and breathing in a calm and enjoyable way. It helps improve flexibility, concentration, coordination, and overall well-being.



KARATE

Instructor: Mr. Vedveer Singh

Language of instruction: English

Karate helps children build strength, flexibility, coordination, and self-defence skills while developing discipline, confidence, and a strong sense of focus.

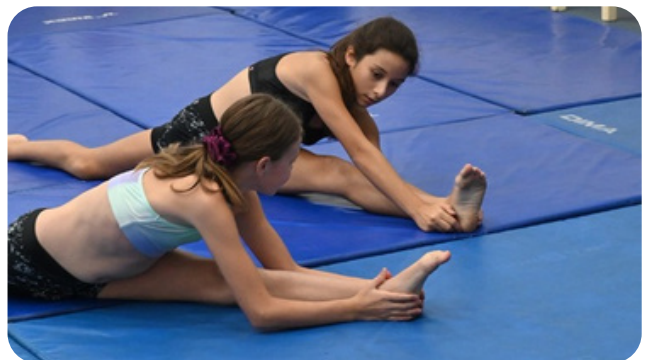


GYMNASTICS

Instructor: Mr. Vikas Sharma

Language of instruction: English

Artistic gymnastics builds strength, flexibility, balance, and coordination through dynamic movement. Children improve body control and confidence while enjoying new skills and challenges.



BASKETBALL

Instructor: Mr. Alexis Jarry

Language of instruction: French

Basketball builds teamwork, coordination, speed, and endurance through fast-paced play. Children develop key skills such as shooting, dribbling, passing, and defence while staying active and having fun.



FOOTBALL

Instructor: Mr. Ahmed Rahmani

Language of instruction: French

Football develops ball control, dribbling, passing, and shooting through fun, energetic practice. Children also improve teamwork, tactical awareness, fitness, and confidence on the field.



RUBIK'S CUBE

Instructor: Ms. Sarika

Language of instruction: English

Rubik's Cube challenges children to solve the colourful 3D puzzle using logic, strategy, and concentration. It helps strengthen memory, problem-solving skills, quick thinking, and perseverance in a fun way.



K POP / HIP HOP DANCE (NEW)

Instructor: Delhi Dance Academy

Language of instruction: English

Learn energetic choreography that builds rhythm, coordination, and musicality. Children gain confidence, creativity, and self-expression while enjoying upbeat routines and performing together.



FRENCH THEATRE (NEW)

Instructor: Mr. Patrick BECK & Mr. Simon Thuillier

Language of instruction: French

Discover acting through playful scenes, characters, and performances in French. Children strengthen confidence, creativity, expression, and spoken French while performing together.



ENGLISH THEATRE (NEW)

Instructor: Mr. Vikrant Singh

Language of instruction: English

Explore acting through theatre games, exercises, and improvisation in a fun and engaging setting. Children develop creativity, confidence, expression, and communication while discovering the joy of performing.



ART AND CRAFT

Instructor: Ms. Gauri

Language of instruction: French / English

Explore creativity through hands-on art techniques including drawing, painting, cutting, papier-mâché, and clay work. Children develop imagination, artistic skills, and confidence while creating their own unique works of art.



CLAY MODELLING

Instructor: Ms. Gauri

Language of instruction: French / English

Discover the art of clay modelling through simple, beginner-friendly techniques. Children shape their imagination into creative and unique pieces while developing patience and artistic expression.



VOLLEYBALL (NEW)

Instructor: Mr. Ahmed Rahmani

Language of instruction: French

Volleyball helps students develop ball control, passing, serving, setting, and attacking techniques. Through team play, they improve positioning, coordination, reactions, and game awareness.

